



CENTRE UPDATE – JUNE 21, 2024

Reminders & Centre Info

Summer Program Registration and changes

If you haven't seen the summer newsletter, it's available [here](#).

Registration begins at 9:30am next Tuesday for Tuesday activity, Wednesday for Wednesday activity and next Thursday for Thursday activity. You can register [online](#) or by phone at 204-897-5263.

Reminder that we will not be offering the Paint Party or Bookmark Making during the summer, as originally scheduled. We apologize to those of you who were looking forward to signing up for these 2 workshops, but they have been cancelled.

Make sure your membership is up to date or you will have to renew it before you register.

Summer Hours & Centre Communication

During the months of July and August the Centre will be open Tuesdays, Wednesday and Thursdays from 9:00am to 3:00pm.

If you need to reach the office please call us at 204-897-5263 or email info@charleswoodseniorcentre.org. If you email either Kristal or Jakee directly you will not receive a response until after Labour Day.

Folklorama – Two-pavilion VIP tour package

TOUR 1

Thursday, August 8th, 2024. Bus departs the centre at 5:45pm

Registration opens Thursday, June 27, 2024 @9:30am

Israel Pavilion and Irish Pavilion

TOUR 2

Wednesday, August 14, 2024. Bus departs the centre at 5:15pm

Registration opens Wednesday, June 26, 2024 @9:30am

Korean Pavilion and Brazilian Pavilion

COST for each tour: \$25.00 for members and \$50.00 for non members

(registered by a Centre member who is attending)

EACH CENTRE MEMBER MAY REGISTER ONE GUEST TO ATTEND WITH THEM.

No refunds. Full payment required at time of registration.

A portion of the cost covered by the Federal Government New Horizons Grant.

Centre Moving Minute

News update from the Centre Move Communication Crew!!

Site construction has progressed on the new location for the Charleswood Active Living Centre on Oakdale Drive. The Centre will be in the residential complex called Residences of Oakdale at 357 Oakdale Drive. The Charleswood Active Living Centre will be located on the first floor of Building B with it's own entrances, patio and signage.

Some of our members have already received notification of their early October move-in dates for Building C and onward through the fall. We are still projected to take possession of our space in fall/winter 2024.

Although we do not yet have a firm move in date for our Centre our plans continue to unfold as we prepare materials and supplies and prepare for day-to-day operations in the new space.

In September we will be soliciting for volunteers for various parts of the move and settling in processes within our new space. Please contact Kristal our Centre Manager if you are interested in helping however you are able.

We will look forward to sharing more information with you as it becomes available on hot topics such as tours, parking, grand opening celebrations and when Centre programs will actually start in the new facility. Stay tuned!

Business Profile Features

This week's Business Profile Features are *Chapel Lawn Funeral Home & Legacy Moving Company*:

The Chapel Lawn Funeral Home & Cemetery,
4000 Portage Ave. <https://www.arbormemorial.ca/en/chapellawn.html>

"Proudly serving Winnipeg and the surrounding area, Chapel Lawn Funeral Home & Cemetery will help you customize your arrangements, while respecting your faith, taste and budget. You can feel confident putting your trust in our compassionate professionals.

We are committed to giving back to this community. Our helpful, dedicated staff are passionate about supporting families, local associations, religious organizations and cultural groups, and we are honoured to host a series of free memorial events throughout the year. As well, we're happy to provide the use of our spacious Community Room at no charge for local non-profit meetings."

Legacy Moving Company

415 Mulvey Ave E legacymovingcompany@gmail.com 204-296-2223

“We at Legacy Moving Company, hold a deep commitment to serving the senior citizens in our community with honesty, compassion, and integrity.

We understand that even the thought of moving can be a daunting task, especially for seniors who may be transitioning to a new phase of life. That's why we prioritize their needs and well-being every step of the way.

By working alongside The Seniors Moving Company for the past 20 years, we understand the growing need to serve our community of seniors who are looking for services like ours. The Seniors Moving Company has been a pillar of guidance in the moving industry and have demonstrated the importance of empathy and understanding when working with seniors during a big transition like moving.

It is in our nature to offer a compassionate ear and a helping hand whenever needed. Whether it's providing extra assistance or simply offering a reassuring presence, we go above and beyond to make the transition as smooth and stress-free as possible. Our dedication to serving senior citizens goes beyond just moving furniture and boxes; it's about making a meaningful difference in their lives during a time of change. By embodying our values of honesty, compassion, and integrity, we strive to be a trusted partner for seniors and their families in our community.”

Resources you may find helpful



[Opening Doors to Community Accessibility](#)

Social Prescribing in Manitoba!

Insights on Aging! Listen to CJNU 93.7 FM on the radio or [stream online!](#)

What is the national cost per day for an individual in hospital awaiting a bed?

Find out about this and more in our next issue by clicking below!

[Social Prescribing Newsletter Issue 3 - JUNE 2024](#)



SENIOR CENTRE WITHOUT WALLS

FREE TELEPHONE GROUP ACTIVITIES FOR MANITOBANS 55+

204-956-6440 (Winnipeg)
1-888-333-3121 (Toll-free)
info@aosupportservices.ca
200-207 Donald St., Winnipeg, MB R3C 1M5

Some Goings-on in the Community

2024 Canada Day in Winnipeg – Fireworks, Festivals & Long Weekend Events

Click on the link below to find out where to celebrate



<https://www.todocanada.ca/canada-day-winnipeg-celebrations-fireworks/>

bravework Bake Sale

In support of:

Manitoba
Possible.TM

An inclusive and accessible society



Where: 5120 Roblin Blvd
When: Tuesday June 25th
10am - 2pm (or sold out)

All funds raised will be donated to Manitoba Possible. Come grab a treat and help us reach our fundraising goal!!



Donate Here!





Urban Retreats

Self-Guided Tour of Gardens in Charleswood

Garden Tour Tea, Craft & Plant Sale Saturday, June 22, 2024

10:00 am — 4:00 pm

Tour Tickets \$20

On line at 1JustCity.ca

or at any of these Garden Centres

Country Roots Market & Garden

Jensen's Nursery & Garden Centre

Lacoste Garden Centre

Ron Paul Garden Centre

St. Mary's Nursery & Garden Centre

Schriemers Market Centre

Shelmerdine Garden Centre

On tour day: Charleswood United Church (4820 Roblin Blvd)

Manitoba Tea

Craft & Plant Sale \$5

(10:00 — 2:00)

Charleswood United Church
4820 Roblin Blvd.

Ask a Master Gardener
Home Baking
Fresh Bannock



In support of

gardentour@1JustCity.ca
204.779.8957
1JustCity.ca

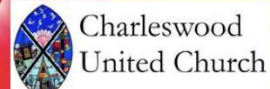
Sponsored by



RELIABLE MOBILITY

Dugald United Church

Anonymous






the summer of locals

MARKET • FOOD TRUCKS
BEER GARDEN • KIDS ACTIVITIES

July 6-7

Free
Entry

11am-8pm Saturday | 11am-7pm Sunday
555 Sterling Lyon Pkwy

brought to you by: BMO 

OUTLET COLLECTION
WINNIPEG



WINNIPEG FRINGE THEATRE FESTIVAL

July 17 to 28

Click [HERE](#) for more
information



A few funnies for your enjoyment

- Did you hear about the antiques collector who found an old Coca-Cola lamp? She was soda lighted.
- I can't believe people actually collect old magazines. They must have a lot of issues.
- Jokes about German sausage are the wurst
- What do you do when you find Niacin and Thiamin at your front door? You vitamin, of course!
- Did you hear that somebody spiked the punch at a roof designer convention? The next day, everybody had a terrible overhang.
- Did you hear about the exorcist who offers a payment plan? Apparently if people fall behind on payments, they'll get repossessed!
- Did you hear about the Celiac Disease sufferer who went to a wheat processing plant? She was a real Gluten for punishment.
- My friend fell into an upholstery machine. He's fully recovered now.
- Do regular dogs see Police dogs and think "oh no, it's a cop"?



"I guess we'll never know why they beach themselves."

Have a wonderful weekend.
Jakee Werbuk
Program Manager

