

Mon	Tue	Wed	Thu	Fri
<p><b>1</b></p> <p>Carpet Bowling 10:00am (U) Brain and Body Blast 10:00am (G) Pickleball 9:30am (W) Yoga /w Jill 11:10am (G) Yoga /w Jill 1:00pm (G) Men's Club / Games Aftrn1:00pm (L) Barre Fitness /w Kirstin 2:30pm (G)</p>	<p><b>2</b></p> <p>Meditation 9:30am (U) Barre Fitness /w Kirstin 9:30am (G) Art Club 10:00am (L) Sit and Fit 10:45am (G) Cribbage 1:00pm (L) Pilates 1:15pm (G)</p>	<p><b>3</b></p> <p>Circuit Training 9:30am (G) Jam Session 10:00am (L) Barre Fitness /w Jill 11:00am (G) Tai Chi 12:20/ 1:15pm (G) Canasta 1:00pm (L) Beginner Bridge 1:15pm (U)</p>	<p><b>4</b></p> <p>Sit and Fit 9:45am (G) Restorative Yoga /w Kirstin 11:15am Bridge 1:00pm (U) Whist 1:00pm (L) Badminton 1:00pm (G) Barre Fitness /w Kirstin 5:30pm (G)</p>	<p><b>5</b></p> <p>Pickleball 9:30am (W) Bocce 10:00am (U) Circuit Training 10:30am (G) Office Closes at 12:00pm</p>
<p><b>8</b></p> <p>Carpet Bowling 10:00am (U) Brain and Body Blast 10:00am (G) Pickleball 9:30am (W) Yoga /w Jill 11:10am /1:00pm (G) Men's Club / Games Aftrn1:00pm (L) Barre Fitness /w Kirstin 2:30pm (G)</p>	<p><b>9</b></p> <p>Meditation 9:30am (U) <b>Computer Classes 9:45/ 11am (U)</b> Art Club 10:00am (L) Sit and Fit 10:45am (G) <b>Lunch of the Month 11:30pm</b> Cribbage 1:00pm (L) Pilates 1:15pm (G)</p>	<p><b>10</b></p> <p>Circuit Training 9:30am (G) Jam Session 10:00am (L) Barre Fitness /w Jill 11:00am (G) Tai Chi 12:20/ 1:15pm (G) Canasta 1:00pm (L) Beginner Bridge 1:15pm (U) <b>Bud, Spud &amp; Steak 6:30pm</b></p>	<p><b>11</b></p> <p>Sit and Fit 9:45am (G) Restorative Yoga /w Kirstin 11:15am Bridge 1:00pm (U) Rummoli 1:00pm (L) Badminton 1:00pm (G) Barre Fitness /w Kirstin 5:30pm (G)</p>	<p><b>12</b></p> <p>Pickleball 9:30am (W) Bocce 10:00am (U) Circuit Training 10:30am (G) Office Closes at 12:00pm</p>
<p><b>15</b></p> <p>Carpet Bowling 10:00am (U) Brain and Body Blast 10:00am (G) Pickleball 9:30am (W) Yoga /w Jill 11:10am /1:00pm (G) Men's Club / Games Aftrn1:00pm (L) Barre Fitness /w Kirstin 2:30pm (G)</p>	<p><b>16</b></p> <p>Meditation 9:30am (U) <b>Computer Classes 9:45/ 11am (U)</b> Barre Fitness /w Kirstin 9:30am (G) Art Club 10:00am (L) Sit and Fit 10:45am (G) Cribbage 1:00pm (L) Pilates 1:15pm (G)</p>	<p><b>17</b></p> <p>Circuit Training 9:30am (G) Jam Session 10:00am (L) Barre Fitness /w Jill 11:00am (G) Tai Chi 12:20/ 1:15pm (G) Canasta 1:00pm (L) Beginner Bridge 1:15pm (U)</p>	<p><b>18</b></p> <p>Sit and Fit 9:45am (G) Restorative Yoga /w Kirstin 11:15am Bridge 1:00pm (U) Whist 1:00pm (L) Badminton 1:00pm (G) Barre Fitness /w Kirstin 5:30pm (G)</p>	<p><b>19</b></p> <p>Bocce 10:00am (U) Pickleball 9:30am (W) Circuit Training 10:30am (G) Office Closes at 12:00pm</p>
<p><b>22</b></p> <p><b>Victoria Day– Centre Closed</b></p>	<p><b>23</b></p> <p>Meditation 9:30am (U) <b>Computer Classes 9:45/ 11am (U)</b> Barre Fitness /w Kirstin 9:30am (G) Art Club 10:00am (L) Sit and Fit 10:45am (G) <b>Matinee 1:00pm (U)</b> Cribbage 1:00pm (L) Pilates 1:15pm (G)</p>	<p><b>24</b></p> <p>Circuit Training 9:30am (G) Jam Session 10:00am (L) Barre Fitness /w Jill 11:00am (G) Tai Chi 12:20/ 1:15pm (G) Canasta 1:00pm (L) Beginner Bridge 1:15pm (U)</p>	<p><b>25</b></p> <p>Sit and Fit 9:45am <b>Leisure Walk 10:00am</b> Ladies in Stitches 11:00am (L) Restorative Yoga /w Kirstin 11:15am Bridge 1:00pm (U) Rummoli 1:00pm (L) Badminton 1:00pm (G) Barre Fitness /w Kirstin 5:30pm (G)</p>	<p><b>26</b></p> <p>Bocce 10:00am (U) Pickleball 9:30am (W) Circuit Training 10:30am (G) Office Closes at 12:00pm</p>
<p><b>29</b></p> <p>Carpet Bowling 10:00am (U) Brain and Body Blast 10:00am (G) Pickleball 9:30am (W) Yoga /w Jill 11:10am / 1:00pm(G) Men's Club / Games Aftrn1:00pm (L) Book Club 1:00pm (L) Fun Bingo 1:00pm (C) Barre Fitness /w Kirstin 2:30pm (G)</p>	<p><b>30</b></p> <p>Meditation 9:30am (U) Barre Fitness /w Kirstin 9:30am (G) Art Club 10:00am (L) Sit and Fit 10:45am (G) Cribbage 1:00pm (L) Pilates 1:15pm (G)</p>	<p><b>31</b></p> <p>Circuit Training 9:30am (G) Jam Session 10:00am (L) Barre Fitness /w Jill 11:00am (G) Tai Chi 12:20/ 1:15pm (G) Canasta 1:00pm (L) Beginner Bridge 1:15pm (U)</p>	<p><b>May 2017</b></p> <p><b>Hall Walking: Monday– Friday at 7:30am at Royal School</b></p>	<p><b>Location Legend:</b></p> <p>(W)= Westdale CC (L)= Old Library (U)= Upstairs Room (C)= Craft Room (G)= Gym</p>

Mon	Tue	Wed	Thu	Fri
<p align="center"><b>June 2017</b></p> <p><b>Hall Walking: Monday– Friday at 7:30am at Royal School</b></p>	<p><b>Location Legend:</b></p> <p>(W)= Westdale CC  (L)= Old Library  (U)= Upstairs Room  (C)= Craft Room  (G)= Gym</p>		<p><b>1</b> Sit and Fit 9:45am (G)  Restorative Yoga /w Kirstin 11:15am (G)  Bridge 1:00pm (U)  Whist 1:00pm (L)  Badminton 1:00pm (G)  Barre Fitness /w Kirstin 5:30pm (G)</p>	<p><b>2</b> Bocce 10:00am (U)  Pickleball 9:30am (W)  Circuit Training 10:30am (G)  Office Closes at 12:00pm</p>
<p><b>5</b> Carpet Bowling 10:00am (U)  Brain and Body Blast 10:00am (G)  Pickleball 9:30am (W)  Yoga /w Jill 11:10am (G)  Yoga /w Jill 1:00pm (G)  Men's Club / Games Aftrn 1:00pm (L)  Barre Fitness /w Kirstin 2:30pm (G)</p>	<p><b>6</b> Art Club 10:00am (L)  Cribbage 1:00pm (L)</p>	<p><b>7</b> <b>AGM 10:00am</b>  Jam Session 10:00am (L)  Canasta 1:00pm (L)  Beginner Bridge 1:15pm (U)</p>	<p><b>8</b> Bridge 1:00pm (U)  Rummoli 1:00pm (L)  Badminton 1:00pm (G)</p>	<p><b>9</b> Pickleball 9:30am (W)  <b>Year End Potluck BBQ 11:30am</b></p>
<p><b>12</b> <b>Administration Week →</b>  Pickleball 9:30am (W)</p>	<p><b>13</b> <b>Lunch of the Month 11:30am</b></p>	<p><b>14</b></p>	<p><b>15</b></p>	<p><b>16</b> Pickleball 9:30am (W)</p>
<p><b>19</b> Pickleball 9:30am (W)</p>	<p><b>20</b></p>	<p><b>21</b></p>	<p><b>22</b></p>	<p><b>23</b></p>
<p><b>26</b></p>	<p><b>27</b></p>	<p><b>28</b></p>	<p><b>29</b></p>	<p><b>30</b></p>