

Mon	Tue	Wed	Thu	Fri
<h1>MAY</h1>	1 Barre Fitness 9:30am (G) <b>BINGO 11:00am (U)</b> <b>Club Regent Casino 10:00am</b> Art Club 10:00am (L) Sit and Fit 10:45am (G) Cribbage 1:00pm (L) Pilates 1:15pm (G)	2 Total Fitness 9:30am (G) Jam Session 10:00am (L) Barre Fitness 11:00am (G) Tai Chi 12:20/1:15pm (G) Canasta 1:00pm (L) Beginner Bridge 1:15pm (U) Barre-dio w/ Kirstin 2:30pm (G)	3 Sit & Fit 9:45am (G) Restorative Yoga 11:15am (G) Yin Yang Yoga 12:20am(G) Bridge 1:00pm (U) Badminton 1:30pm (G) High Tea <b>Registration Deadline</b>	4 Pickleball 9:30am(W) Zumba 9:30am (G) Bocce 10:00am (U) <b>Marathon Bridge Wind-up 11:15am (U)</b> Circuit Training 10:30am (G) Office Closes at 12:00pm
7 Pickleball 9:30am (W) Carpet Bowling 10:00am (U) Brain & Body Blast 10:00am (G) Yoga 11:10am / 1:00pm (G) Men's Club/ Games Aftrn1:00pm (L) Barre Fitness 2:30pm (G)	8 Barre Fitness 9:30am (G) Art Club 10:00am (L) Meditation 10:30am (U) Sit and Fit 10:45am (G) <b>Lunch of the Month 12pm</b> Cribbage 1:00pm (L) Pilates 1:15pm (G) Functional Fitness 2:30pm(G) Barre Fitness 5:30pm (G)	9 Total Fitness 9:30am (G) Jam Session 10:00am (L) Barre Fitness 11:00am (G) Tai Chi 12:20/1:15pm (G) Canasta 1:00pm (L) Beginner Bridge 1:15pm (U) Barre-dio w/ Kirstin 2:30pm (G) <b>Party with a Purpose Dinner! 6:30pm</b>	10 Sit & Fit 9:45am (G) Restorative Yoga 11:15am (G) Yin Yang Yoga 12:20pm(G) Bridge 1:00pm (U) Rummoli 1:00pm (U) Badminton 1:30pm (G) Flower Class <b>Registration Deadline</b>	11 Pickleball 9:30am (W) Zumba 9:30am (G) Bocce 10:00am (U) Circuit Training 10:30am (G) Office Closes at 12:00pm
14 Pickleball 9:30am (W) Carpet Bowling 10:00am (U) Brain & Body Blast 10:00am (G) Yoga w/ Jill 11:10am / 1:00pm (G) Men's Club/ Games Aftrn1:00pm (L) Book Club 2 1pm (L) Barre Fitness 2:30pm (G)	15 Barre Fitness 9:30am (G) Meditation 10:30am (U) Sit & Fit 10:45am (G) Art Club 10:00am (L) Cribbage 1:00pm (L) <b>Matinee Movie 1:00pm (U)</b> Pilates 1:15pm (G) Functional Fitness 2:30pm(G) Barre Fitness 5:30pm (G)	16 Total Fitness 9:30am (G) Jam Session 10:00am (L) Barre Fit. 11am (G) Tai Chi 12:20pm/1:15pm <b>Lunch with Louise 11:30am</b> Canasta 1:00pm (L) Beginner Bridge 1:15pm (U) Barre-dio w/ Kiristin2:30pm (G)	17 Sit & Fit 9:45am (G) Restorative Yoga 11:15am(G) Yin Yang Yoga 12:20pm (G) Bridge 1:00pm (U) Badminton 1:30pm (G)	18 Pickleball 9:30am (W) Zumba 9:30am (G) Bocce 10:00am (U) Circuit Training 10:30am (G) Office Closes at 12:00pm <b>High Tea Rosenort, MB Trip 11:30am</b>
21 <b>Centre Closed</b> <b>NO CLASSES</b>  	22 Barre Fitness 9:30am (G) Art Club 10:00am (L) Meditation 10:30am (U) Sit and Fit 10:45am (G) Cribbage 1:00pm (L) Pilates 1:15pm (G) Functional Fitness 2:30pm(G) Barre Fitness 5:30pm (G)	23 Total Fitness 9:30am (G) Jam Session 10:00am (L) Barre Fitness 11:00am (G) <b>Petals Flower Class 11:00am</b> Tai Chi 12:20/1:15pm (G) Canasta 1:00pm (L) Beginner Bridge 1:15pm (U) Barre-dio w/ Kirstin 2:30pm (G)	24 Sit & Fit 9:45am (G) Restorative Yoga 11:15am (G) Yin Yang Yoga 12:20pm (G) Bridge 1:00pm (U) Rummoli 1:00pm (L) Badminton 1:30pm (G)	25 Pickleball 9:30am (W) Zumba 9:30am (G) Bocce 10:00am (U) Circuit Training 10:30am (G) Office Closes at 12:00pm <b>Garage Sale 4:00 pm-7:00 pm (L)</b>
28 Pickleball 9:30am (W) Carpet Bowling 10:00am (U) Brain & Body Blast 10:00am (G) Yoga 11:10am / 1:00pm (G) Book Club 1 1:00pm (L) Men's Club/ Games Aftrn1:00pm (L) Barre Fitness 2:30pm (G)	29 Barre Fitness 9:30am (G) Art Club 10:00am (L) Meditation 10:30am (U) Sit and Fit 10:45am (G) <b>Matinee Movie 1:00pm (U)</b> Cribbage 1:00pm (L) Pilates 1:15pm (G) Functional Fitness 2:30pm(G) Barre Fitness 5:30pm (G)	30 Total Fitness 9:30am <b>Urban Poling 9:30am</b> Jam Session 10:00am (L) Barre Fitness 11:00am (G) Tai Chi 12:20/ 1:15pm (G) Canasta1:00pm(L) Beginner Bridge 1:15pm (U) Barre-dio w/ Kirstin 2:30 pm (G)	31 Sit & Fit 9:45am (G) Ladies in Stitches 11:00am (L) Restorative Yoga 11:15am (G) Yin Yang Yoga 12:20pm (G) Bridge 1:00pm (U) Badminton 1:30pm (G)	<b>Location Legend:</b> (W)= Westdale CC (L)= Old Library (U)= Upstairs Room (C)= Craft Room (G)= Gym
				<b>26 (Sat) Garage Sale 9am-Noon (L)</b>

Mon	Tue	Wed	Thu	Fri
<p style="font-size: 48px; text-align: center;">june</p>	<p>Note: <b>No</b> hall walking at Charleswood United Church in April and, on May 4, 8, 9, 11, 15 and 16</p>	<p><b>Location Legend:</b>  (W)= Westdale CC  (L)= Old Library  (U)= Upstairs Room  (C)= Craft Room  (G)= Gym  (O)= Office</p>		<p>1 Pickleball 9:30am(W)  Last Zumba 9:30am (G)  Bocce 10:00am (U)  Last Circuit Training 10:30am  Office Closes at 12:00pm</p>
<p>4 Pickleball 9:30am (W)  <b>AGM 10:00am (U)</b>  *<b>No</b> carpet bowling  Brain &amp; Body Blast 10:00am (G)  Yoga 11:10am/1:00pm (G)  Men's Club/Games Aftrn 1:00pm (L)  Barre Fitness 2:03pm (G)</p>	<p>5 <b>Summer Registration 10am (O)</b>  Last Barre Fitness 9:30am (G)  Last Art Club 10:00am (L)  Meditation 10:30am (U)  Last Sit &amp; Fit 10:45am (G)  <b>Matinee Movie 1:00pm (U)</b>  Last Cribbage 1:00pm (L)  Last Pilates 1:15pm (G)  Last Funcational Fit. 2:30pm (G)  Last Barre Fit. 5:30pm (G)</p>	<p>6 Last Total Fitness 9:30am (G)  Last Jam Session 10:00am (L)  Last Barre fitness 11:00am (G)  Last Tai Chi 12:20/1:15pm (G)  Last Canasta 1:00pm (L)  Last Beginner Bridge 1:15pm (U)  Last Barre-dio w/ Kirstin 2:30pm (G)</p>	<p>7 Last Sit &amp; Fit 9:45am (G)  Last Restorative Yoga 11:15am (G)  Last Yin Yang Yoga 12:20am(G)  Last Bridge 1:00pm (U)  Last Badminton 1:30pm (G)</p>	<p>8 Pickleball 9:30am (W)  Last Bocce 10:00am (U)  <b>Year end BBQ Potluck 11:30am</b></p>
<p>11 Pickleball 9:30am (W)  Carpet Bowling 10:00am (U)  Last Brain &amp; Body Blast 10:00am (G)  Book Club 1 Lunch 11:30am  Last Yoga 11:10am/1:00pm (G)  Men's Club/Games Aftrn 1:00pm (L)  Last Barre Fitness 2:03pm (G)</p>	<p>12 Last Meditation 10:30am (U)  Lunch of the Month 11:30am  ADMIN WEEK (Hours Vary)</p>	<p>13 ADMIN WEEK (Hours Vary)</p>	<p>14 ADMIN WEEK (Hours Vary)</p>	<p>15 Pickleball 9:30am (W)  ADMIN WEEK (Hours Vary)</p>
<p>18 Last Carpet Bowling 10:00am (U)  Pickleball 9:30am (W)  Last Book Club 2 Lunch</p>	<p>19</p>	<p>20</p>	<p>21</p>	<p>22 Last Pickleball 9:30am (W)</p>
<p>25 Last PickleBall 9:30am (W)</p>	<p>26 <b>Summer Session Begins!</b>  Summer Fitness 9am-1pm</p>	<p>27</p>	<p>28 Summer Fitness 9am-1pm</p>	<p>29</p>