

Mon	Tue	Wed	Thu	Fri
<p style="text-align: center; font-size: 2em; font-family: cursive;">March.</p>	<p style="text-align: center;">Location Legend: (W)= Westdale CC (L)= Old Library (U)= Upstairs Room</p>	<p style="text-align: center;">Hall Walking: Monday– Friday, 9:15 to 10:15am at Charleswood United Church</p>	<p style="text-align: center;">1 Sit & Fit 9:45am (G) Restorative Yoga 11:15am (G) Yin Yang Yoga 12:20am(G) Bridge 1:00pm (U) Badminton 1:30pm (G)</p>	<p style="text-align: center;">2 Pickleball 9:30am(W) Zumba 9:30am (G) Bocce 10:00am (U) Circuit Training 10:30am (G) Office Closes at 12:00pm</p>
<p style="text-align: center;">5 Pickleball 9:30am (W) Carpet Bowling 10:00am (U) Brain & Body Blast 10:00am (G) Yoga 11:10am / 1:00pm (G) Matinee Movie 1:00pm (U) Men's Club/ Games Aftrn1:00pm (L) Barre Fitness 2:30pm (G)</p>	<p style="text-align: center;">6 Barre Fitness 9:30am Art Club 10:00am (L) Sit and Fit 10:45am (G) Online Fraud Presentation 11:00am Cribbage 1:00pm (L) Pilates 1:15pm (G) Functional Fitness 2:30pm(G) Barre Fitness 5:30pm (G)</p>	<p style="text-align: center;">7 Circuit Training 9:30am (G) Jam Session 10:00am (L) Barre fitness 11:00am (G) Tai Chi 12:20/1:15pm (G) Canasta 1:00pm (L) Beginner Bridge 1:15pm (U) Barre w/ Kirstin 2:30pm (G)</p>	<p style="text-align: center;">8 Sit & Fit 9:45am (G) Restorative Yoga 11:15am (G) Yin Yang Yoga 12:20pm(G) Bridge 1:00pm (U) Rummoli 1:00pm (U) Badminton 1:30pm (G)</p>	<p style="text-align: center;">9 Pickleball 9:30am(W) Zumba 9:30am (G) Bocce 10:00am (U) Circuit Training 10:30am (G) Office Closes at 12:00pm</p>
<p style="text-align: center;">12 Pickleball 9:30am (W) Carpet Bowling 10:00am (U) Brain & Body Blast 10:00am (G) Yoga w/ Jill 11:10am / 1:00pm (G) Men's Club/ Games Aftrn1:00pm (L) Barre Fitness 2:30pm (G)</p>	<p style="text-align: center;">13 Barre Fitness 9:30am (G) Sandhills Casino Trip 9:30am Lunch of the Month 11:30am Art Club 10:00am (L) Cribbage 1:00pm (L) Functional Fitness 2:30pm(G) Barre Fitness 5:30pm (G) <i>*Jill Away</i></p>	<p style="text-align: center;">14 Circuit Training 9:30am (G) Jam Session 10:00am (L) Tax Credit Presentation 11:00am(U) WALK Aerobics 12:00pm (G) Injury Prevention Workshop 1:15pm (G) Canasta 1:00pm (L) Beginner Bridge 1:15pm (U) Barre w/ Kiristin2:30pm (G) <i>*Jill Away</i></p>	<p style="text-align: center;">15 Restorative Yoga 11:15am(G) Yin Yang Yoga 12:20pm (G) Bridge 1:00pm (U) Badminton 1:30pm (G) <i>*Jill Away</i></p>	<p style="text-align: center;">16 Pickleball 9:30am(W) Zumba 9:30am (G) Bocce 10:00am (U) Circuit Training 10:30am (G) Office Closes at 12:00pm</p>
<p style="text-align: center;">19 Pickleball 9:30am (W) Carpet Bowling 10:00am (U) Brain & Body Blast 10:00am (G) Art Class 10:00am (L) Yoga 11:10am / 1:00pm (G) Book Club 2 1:00pm (L) Men's Club/ Games Aftrn1:00pm (L) Barre Fitness 2:30pm (G) Volunteer Appreciation Dinner 5:30pm</p>	<p style="text-align: center;">20 Barre Fitness 9:30am Art Club 10:00am (L) Sit and Fit 10:45am (G) Cooking Demo. 11:00am (U) Cribbage 1:00pm (L) Pilates 1:15pm (G) Functional Fitness 2:30pm(G) Barre Fitness 5:30pm (G)</p>	<p style="text-align: center;">21 Circuit Training 9:30am (G) Jam Session 10:00am (L) Barre fitness 11:00am (G) Lunch with Louise 11:30am (U) Tai Chi 12:20/1:15pm (G) Canasta 1:00pm (L) Beginner Bridge 1:15pm (U) Barre w/ Kirstin 2:30pm (G)</p>	<p style="text-align: center;">22 Photography Class 9:30am (U) Sit & Fit 9:45am (G) Restorative Yoga 11:15am (G) Photography Class (U) Yin Yang Yoga 12:20pm (G) Bridge 1:00pm (U) Rummoli 1:00pm (L) Badminton 1:30pm (G)</p>	<p style="text-align: center;">23 Pickleball 9:30am(W) Zumba 9:30am (G) Bocce 10:00am (U) Circuit Training 10:30am (G) Easter Bake Sale & Tea 1-2:30pm</p>
<p style="text-align: center;">26 Pickleball 9:30am (W) Carpet Bowling 10:00am (U) Art Class 10am (L) Brain & Body Blast 10:00am (G) Yoga 11:10am / 1:00pm (G) Book Club 1 1:00pm (L) Men's Club/ Games Aftrn1:00pm (L) Barre Fitness 2:30pm (G)</p>	<p style="text-align: center;">27 Barre Fitness 9:30am Art Club 10:00am (L) Sit and Fit 10:45am (G) Matinee Movie 1:00pm (U) Cribbage 1:00pm (L) Pilates 1:15pm (G) Functional Fitness 2:30pm(G) Barre Fitness 5:30pm (G)</p>	<p style="text-align: center;">28 Circuit Training 9:30am Outlet Mall Walk & Lunch 10am Jam Session 10:00am (L) Barre Fitness 11:00am (G) Tai Chi 12:20/ 1:15pm (G) Canasta1:00pm(L) Beginner Bridge 1:15pm (U) Barre w/ Kirstin 2:30 pm (G)</p>	<p style="text-align: center;">29 Photography Class 9:30am (U) Sit & Fit 9:45am (G) Restorative Yoga 11:15am (G) Ladies in Stitches 11:00am (L) Yin Yang Yoga 12:20pm (G) Bridge 1:00pm (U) Badminton 1:30pm (G)</p>	<p style="text-align: center;">30 CENTRE CLOSED Good Friday</p>

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p><i>Last</i> Pickleball 9:30am (W) Carpet Bowling 10:00am (U) Art Class 10am(L) Brain & Body Blast 10:00am (G) Yoga 11:10am / 1:00pm (G) Men's Club/ Games Aftrn1:00pm Barre Fitness 2:30pm (G)</p>	<p>3 <i>Last</i> Barre Fitness 9:30am (G) Art Club 10:00am (L) Sit and Fit 10:45am (G) Music Concert 20-70s hits! 11am(U) Celebrations Theatre 11am Cribbage 1:00pm (L) Pilates 1:15pm (G) <i>Last</i> Functional Fitness 2:30pm (G) <i>Last</i> Barre Fitness 5:30pm (G)</p>	<p>4</p> <p>Circuit Training 9:30am (G) Jam Session 10:00am (L) Barre Fitness /w Jill 11:00am (G) Tai Chi 12:20/ 1:15pm (G) Canasta 1:00pm (L) Beginner Bridge 1:15pm (U) Barre w/ Kirstin 2:30pm (G)</p>	<p>5</p> <p>Photography Class 9:30am (U) Sit & Fit 9:45am (G) <i>Last</i> Restorative Yoga 11:15am(G) <i>Last</i> Yin Yang Yoga 12:15pm(G) Bridge 1:00pm (U) Badminton 1:30pm (G) Drums Alive 2:30pm (G)</p>	<p>6</p> <p>Pickleball 9:30am(W) Zumba 9:30am (G) Bocce 10:00am (U) Circuit Training 10:30am (G) Office Closes at 12:00pm</p>
<p>9</p> <p>Carpet Bowling 10:00am (U) Art Class 10am (L) <i>Last</i> Brain & Body Blast 10:00am (G) Yoga 11:10am / 1:00pm (G) Men's Club/ Games Aftrn1:00pm <i>Last</i> Barre Fitness 2:30pm (G) <i>*Tickets on sale for Bud, Spud & Steak Dinner!</i></p>	<p>10</p> <p>Art Club 10:00am (L) Sit and Fit 10:45am (G) Lunch of the Month 11:30am Cribbage 1:00pm (L) Pilates 1:15pm (G)</p>	<p>11 <i>Last</i> Circuit Training 9:30am (G) Jam Session 10:00am (L) Barre Fitness /w Jill 11:00am (G) Tai Chi 12:20/ 1:15pm (G) Canasta 1:00pm (L) Beginner Bridge 1:15pm (U) <i>Last</i> Barre w/ Kirstin 2:30pm (G)</p>	<p>12</p> <p><i>Last</i> Photography Class 9:30am (U) Sit & Fit 9:45am (G) Bridge 1:00pm (U) Badminton 1:30pm (G) Rummoli 1:00pm</p>	<p>13</p> <p>Pickleball 9:30am(W) <i>Last</i> Zumba 9:30am (G) Bocce 10:00am (U) <i>Last</i> Circuit Training 10:30am Office Closes at 12:00pm</p>
<p>16</p> <p>Carpet Bowling 10:00am (U) <i>Last</i> Art Class (10am) Brain & Body Blast 10:00am (G) Book Club 2 (Mystery) 1:00pm (L) <i>Last</i> Yoga 11:10am / 1:00pm (G) Men's Club/ Games Aftrn1:00pm</p>	<p>17</p> <p>Art Club 10:00am (L) <i>Last</i> Sit and Fit 10:45am (G) Cribbage 1:00pm (L) Matinee Movie 1:00pm (U) <i>Last</i> Pilates 1:15pm (G)</p>	<p>18</p> <p>Jam Session 10:00am (L) <i>Last</i> Barre Fitness /w Jill 11:00am (G) Lunch w/ Louise 11:30am (U) <i>Last</i> Tai Chi 12:20/ 1:15pm (G) Canasta 1:00pm (L) Beginner Bridge 1:15pm (U)</p>	<p>19</p> <p><i>Last</i> Sit & Fit 9:45am (G) Bridge 1:00pm (U) Badminton 1:30pm (G)</p>	<p>20</p> <p><i>Last</i> Pickleball 9:30am(W) Bocce 10:00am (U) Office Closes at 12:00pm</p>
<p>23</p> <p>Carpet Bowling 10:00am Book Club 1 1:00pm (L) Men's Club/ Games Aftrn1:00pm</p>	<p>24</p> <p>Spring Registration! 10am Art Club 10:00am (L) Cribbage 1:00pm (L)</p>	<p>25</p> <p>Jam Session 10:00am (L) Canasta 1:00pm (L) Beginner Bridge 1:15pm (U)</p>	<p>26</p> <p>Ladies in Stitches 11:00am (L) Bridge 1:00pm (U) Badminton 1:30pm (G) Rummoli 1:00pm</p>	<p>27</p> <p>Bocce 10:00am (U) Office Closes at 12:00pm</p>
<p>30</p> <p>CLASSES BEGIN Pickleball 9:30am (W) Carpet Bowling 10:00am (U) Brain & Body Blast 10:00am (G) Yoga 11:10am / 1:00pm (G) Men's Club/ Games Aftrn1:00pm Barre Fitness 2:30pm (G)</p>	<p>APRIL 2018</p>	<p>Hall Walking: Monday– Friday, 9:15 to 10:15am at Charleswood United Church</p>	<p>Location Legend: (W)= Westdale CC (L)= Old Library (U)= Upstairs Room (C)= Craft Room (G)= Gym</p>	