



# Charleswood 55+

## Active Living Centre

*Branching Out to the 55 Plus Community*



MEMBERSHIP IS ONLY \$30/ YEAR!

### We Provide:

EDUCATIONAL

RECREATIONAL

HEALTH & WELLNESS

SOCIAL

*Opportunities for those 55 Plus*

### Drop In And See Us

- DISCOVER THE VAST ARRAY OF PROGRAMS & EVENTS WE OFFER
- MEET NEW FRIENDS & REDISCOVER PAST FRIENDSHIPS
- PURSUE YOUR INTERESTS, HOBBIES, & TRY SOME NEW ACTIVITIES
- AFFORDABLE WAYS TO STAY FIT & ACTIVE

5006 ROBLIN BLVD  
WINNIPEG, MB  
204-897-5263

HOURS:  
MON-THURS, 9:00AM-4:00PM  
FRIDAYS, 9:00AM-12:00PM

EMAIL: [INFO@CHARLESWOODSENIORCENTRE.ORG](mailto:INFO@CHARLESWOODSENIORCENTRE.ORG)

[WWW.CHARLESWOODSENIORCENTRE.ORG](http://WWW.CHARLESWOODSENIORCENTRE.ORG)

